

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office. If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Theme Days

Winter Warmer- 16th January
Chinese New Year - 29th January
World Book Day- 6th March
St Patrick's Day 17th March
VE Day-British Day - 8th May
Sausage Roll Day - 5th June
Leavers Day - July

Our Food



Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.


Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet please complete our form

<https://forms.office.com/e/nEYJUzbEZt?origin=IprLink>



Week: 1
Date: 24th Feb, 17th March, 22nd April, 12th May,
9th June, 30th June, 21st July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Stanhope

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken & Tomato Pasta served with Seasonal Vegetables

Ham & Sweetcorn Pizza served with Salad & Carrots

Roast Pork, Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Beef Chilli served with Rice and Seasonal Vegetables

Fish MSC Bubble Crumb served with Chips and Peas

Cheese & Potato Pie served with Baked Beans

Cheese & Tomato Pizza served with Salad & Carrot Batons

Quorn Roast, Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Quorn Fajita Wrap served with Rice & Seasonal Vegetables

Vegetable & Chickpea Jollof Rice served with Peas

Main

Dessert

Oaty cookie

Homemade Custard Shortbread Biscuit

Chocolate Brownie

Apple Muffin & Milk

Flapjack

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad




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Week: 2
Date: 3rd March, 24th March, 28th April, 19th May,
16th June, 7th July

Stanhope

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Sausage with Mashed Potatoes, Gravy & Seasonal Vegetables

Chicken Masala Curry with Rice, Flatbread and Seasonal Vegetables

Roast Chicken, Stuffing & Gravy, Mashed Potatoes and Seasonal Vegetables

Beef & Baked Bean Bolognese served with Pasta & Salad

Fish Fingers served with Chips and Peas

Veggie Cumberland Sausage with Mashed Potatoes Gravy, & Seasonal Vegetables

Cheese & Tomato Pizza served with Carrot Batons & Salad

Quorn Roast & Gravy, Mashed Potatoes and Seasonal Vegetables

Cheese Snack served with Diced Potatoes & Baked Beans

Fishless Finger served with Chips and Peas

Shortbread Biscuit Milk

Lemon Drizzle Muffin

Ice Cream & Fruit

Chocolate Sponge & Chocolate Custard

Oaty Cookie & Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



Main

Dessert




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Week: 3
Date: 10th March, 31st March, 6th May, 2nd June, 23rd June, 14th July

Stanhope

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Main

Monday

Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Tuesday

BBQ Chicken served with Rice and Seasonal Vegetables

Cheese & Tomato Pizza served with Carrot Batons & Salad

Wednesday

Pork Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables

Veggie Cumberland Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables

Thursday

Teriyaki Chicken served with Rice & Seasonal Vegetables

Macaroni Cheese served with Baguette Slice & Seasonal Vegetables

Friday

Salmon Fish Fingers served with Chips & Seasonal Vegetables

Quorn Tomato & Basil Pasta with Baguette Slice & Seasonal Vegetables

Dessert

Chocolate Shortbread Slice with Milk

Fresh Fruit Salad

Jelly & fruit

Fresh Fruit Salad

Flapjack

Fresh Fruit Salad

Cornflake Tart with Custard

Fresh Fruit Salad

Oaty Cookie Milk

Fresh Fruit Salad



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