



Intent:

Our curriculum intent is to help pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work.

Linked in with Stanhope's curriculum vision, *'we aim for our curriculum to "open the door to the world" for all our pupils'*, providing opportunities to discuss and learn about inclusion and tolerance, challenge stereotypes and to understand their place in the world. They will learn how to stay safe and healthy in an ever-changing world. Health data has shown a need to provide opportunities to teach children about healthy eating. In addition, we wish to develop our values of 'self-motivation, resilience, reflection and independence', throughout our formal and informal curriculum. PSHE (and within it Relationships, Sex and Health Education) provides the opportunity for children to develop their growth mindset and learning powers, as well as relating to others. We aim to give the children the vocabulary to express themselves, especially with regard to their emotional wellbeing and to enable them to express their opinions, ideas and beliefs.